



January 2023



Happy New Year everyone. I hope you all had a restful Christmas and are getting used to being back in routine again.

Diary Dates for January

Monday 9th January – Yr 7 visit from Drumragh Integrated College

Tuesday 10th January – Nursery and Year 1 online applications for September 2023 open

Wednesday 11th January – Theraplay Sessions in classes

Thursday 12th January Drumragh Integrated College Open Night

Friday 13th January - Jurassic Ark Encounters Nursery-Yr 7

Wednesday 18th January – Rhyme Time 2.15 pm

Nursery Mini Movers

Thursday 19th January – Rhyme Time 2.15 pm

Year 7 Be Safe Programme PSNI

Omagh High School Open Afternoon and Evening

Friday 20th January - Jurassic Ark Encounters Nursery-Yr 7

Yr 7 Chinese New Year Workshop – Omagh Leisure Centre

Monday 23rd January – Chinese New Year

-Yr 5 Action Mental Health Workshop

Tuesday 24th January – Sollus Highland Dance Performance 1.15pm

Wednesday 25th January – Nursery Mini Movers

Friday 27th January – Year 6 Big Bird Watch – Arlestone Park

Primary Admissions for Nursery and Year 1 Closing Date

Saturday 4th February – AQE Results issued to Year 7

Free Breakfasts in January!!



To support families in Omagh County PS and Nursery, we are providing free breakfasts to all pupils attending Breakfast Club during the month of January.

We have secured a grant for breakfast club and the PTFA have kindly donated the funds raised from the Pre- Loved Toy Sale.

We hope that this will, in some small way, help many of our families.

Nursery and Year 1 Applications for September 2023



If you have a child due to start Nursery or Year 1 in September 2023, online applications open on **Tuesday 10th January 2023** and will remain open until **Friday 27th January 2023**.

Applications are to be completed online at <https://www.eani.org.uk/parents/admissions>

There is guidance on how to complete the form at the link below.

<https://www.eani.org.uk/parents/admissions/admissions-videos-and-guidance>

A Digital Clinic will also be available at Omagh Library, 1, Spillars Place, Omagh on Wednesday 11th January from 2.00pm-4.00pm



Alternatively, if you have any problems contact the School Office and staff will help guide you through the process.

Nursery and 0-4 Pre-School Programmes.

A new year and a new term of Fit for Fun and Rhyme Time are starting. These are two super activities to get your little ones involved in. Rhyme Time is suitable for babies to children aged 4 and Fit for Fun for children from 18 months – aged 4.

To book a place please email bpollock293@c2kni.net

A tailored programme for children aged 18 months to 4 years

Fit For Fun

With Aubrey Kerrigan

£15 5 week programme commencing...

Tuesday 10th January

(9.30am - 10.30am) or (10.30am - 11.30am)

10th, 17th, 24th 31st January & 7th February

Adult participation required

- Opportunity to socialise
- Encourages body awareness and co-ordination
- Encourages turn-taking, sharing and co-operation
- Develops listening skills
- Aids language

Booking Essential

Email: bpollock293@hotmail.com

Please include child's name, age, contact number and preferred class

Discounted rate for siblings

Rhyme Time

BLAST OFF

into 2023

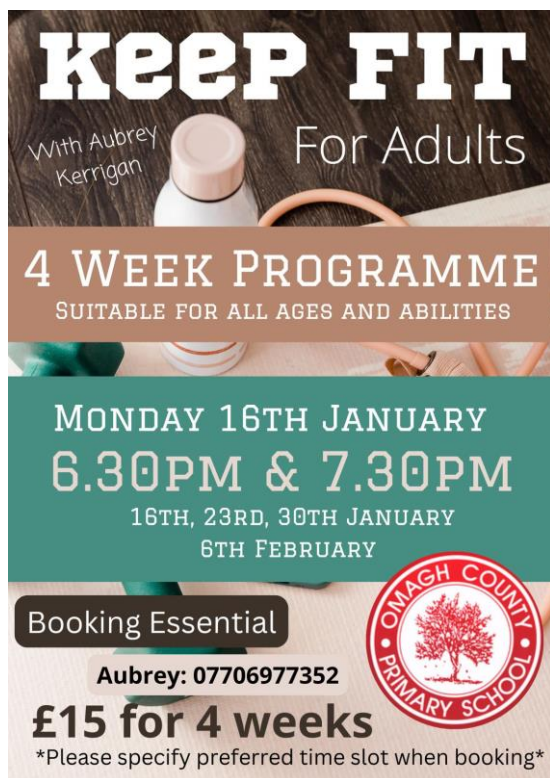
Wednesday 18th January

Thursday 19th January

2.15pm

Email to book: bpollock293@c2kni.net


New Year, New Resolutions.



KEEP FIT
With Aubrey Kerrigan For Adults
4 WEEK PROGRAMME
SUITABLE FOR ALL AGES AND ABILITIES

MONDAY 16TH JANUARY
6.30PM & 7.30PM
16TH, 23RD, 30TH JANUARY
6TH FEBRUARY

Booking Essential
Aubrey: 07706977352
£15 for 4 weeks
Please specify preferred time slot when booking



We are all very good at making new year resolutions, but sometimes, keeping them is a little more difficult.

Monday 16th January sees the return of our Keep Fit for Adults with Aubrey Kerrigan. These classes are fantastic and are super for all ages and levels of fitness-and great value for money.

Sports, Workshops and After-School Programmes.

This term the following classes will avail of the following workshops and activities –

- Year 5 - Omagh High School PE Coaching
- Year 6 - Scripture Union Fist Pump 5 Programme
- Year 6 - Swimming Programme
- Year 1 & Years 5-7 - Jumping Clay After-School Club
- Yrs 1 & 2, & Yrs 3-5 - Core Kids Crafts & Movement After-School Club
- Year 5 - Rugby After-School
- Years 6 & 7 - Rugby Workshops
- Years 1 & 2, Years 5-7 - RM Football



PATHS Quote of the Month for January.

PATHS Programme (Promoting Alternative Thinking Strategies)

A good friend knows how to take turns, to encourage, to give compliments, to share and to allow their friends to have other friends. Be a good friend today and your friendships will grow.



Year 6 and 7 Invitations to Secondary School Evenings

OPEN EVENING 2023

DRUMRAGH INTEGRATED COLLEGE

THURSDAY 12TH JANUARY

DOORS OPEN 6PM

PRINCIPAL'S ADDRESS 6.30PM

FOLLOWED BY INTERACTIVE TOURS OF THE COLLEGE



OPEN EVENING 2023

OMAGH HIGH SCHOOL

THURSDAY 19TH JANUARY

2.00PM-4.00PM

AND 5.00-7.00PM

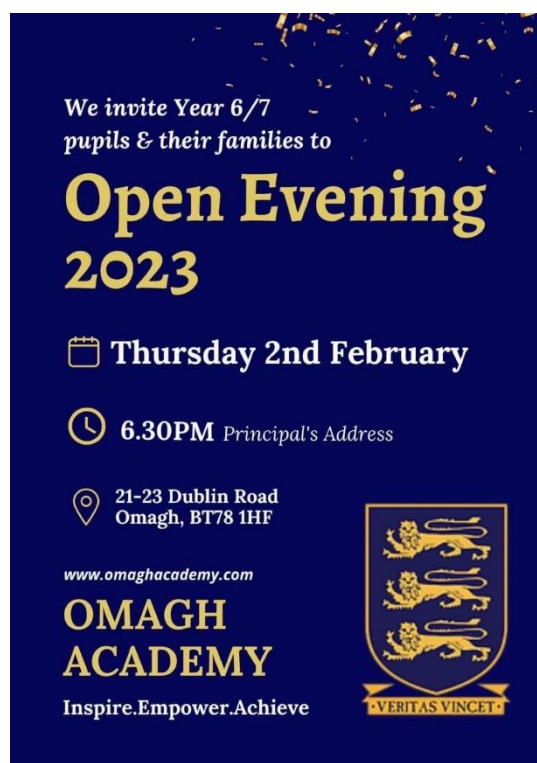


OPEN EVENING 2023

OMAGH ACADEMY

THURSDAY 2ND FEBRUARY

6.30PM



Front and Back Gates at Drop-Off and Pick Up Times

Can we please remind parents that dogs are not allowed in the school playground. **We have a number of children who are allergic or terrified of dogs, so please if you have a dog outside the sch ensure they are on a short leash and that you stay well back from the entrances.**

Do I Need to Keep my Child Off School?

Do you have a child who's unwell and are wondering if they should be in nursery or school?

Check out this handy guide to find out when they should stay off, and when they can go back if they are well enough to do so.

Symptoms and severity of illness will vary from person to person. If your child is unwell and you have concerns about their symptoms you should speak to your GP.

HSC Public Health Agency

Do I need to keep my child off school?

Chicken Pox At least 5 days from onset of rash and until all spots have crusted over	Conjunctivitis No need to stay off but school or nursery should be informed	Diarrhea & /or Vomiting 48 hours from last episode	Respiratory Illness (e.g colds & flu) Can return when no longer have a high temperature and well enough	Glandular Fever No need to stay off but school or nursery should be informed	
Hand, foot & mouth No need to stay off if well enough, but school or nursery should be informed	Impetigo Until lesions are crusted & healed or 48 hours after commencing antibiotics	Head Lice No need to stay off but school or nursery should be informed	Measles 4 days from onset of rash	Mumps 5 days from onset of swelling	
Scarlet Fever 24 hours after commencing antibiotics	Scabies Until after first treatment	Slapped Cheek No need to stay off but school or nursery should be informed	Threadworms No need to stay off but school or nursery should be informed	Tonsillitis Can return when no longer have a temperature and well enough, school or nursery should be informed	German Measles (Rubella) 5 days from onset of rash
Whooping Cough 48 hours after commencing antibiotics					

Use this guide to find out when they should stay off, and when they can go back if they are well enough to do so.