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| WB:12/09/22 | Monday | Tuesday | Wednesday | Thursday | Friday |
| Snack | FruitCereal and milk | FruitPancakes | Fruit BreadsticksCrackersCheese | Fruit YogurtsRice Cakes | Fruit BiscuitsCrisps |
| Activities | Outdoor Play: Hoops and ropesArt and Craft: Mindfulness colouring | Outdoor Play: BasketballArt and Craft: Mindfulness colouring | Outdoor Play:FootballArt and Craft:Painting | Outdoor Play:FootballArt and Craft:Painting | Outdoor Play:Garden TimeArt and Craft:Mindfulness colouring |