



The school website is available at [www.omaghcounty.org](http://www.omaghcounty.org)

**February 2022**

### **DIARY DATES**

- 1 February-Chinese New Year
- 3 February-Year 3 Forest Schools
- 4 February-Number Day
- 5 February-Year 7 AQE results issued
- 7-13 February - Children's Mental Health Week
- 7 February- Year 1 Multi Sports Workshop with Aubrey Kerrigan, Fit for Fun
- 8 February- Safer Internet Day
- 9 February- Year 1 Trip to Bob and Berts
- 8, 10 and 11 February- School Nurse in Year 1
- 11 February- Valentine's Fun Day
- 11 February-Yr 6 and 7 St Mary's PS Cross Country Fun Run
- 14-18 February- HALF TERM -School Closed**
- 14 February Valentine's Day
- 21February-Fit for Fun Adult Classes
- 21February-Year 1 Parent Interviews
- 21 February-Year 6 and 7 SU "Fit Pump 5" Programme begins
- 22 February-Fit for Fun Pre-School new six week block begins.

### **AFTER SCHOOLS HOMEWORK CLUB**

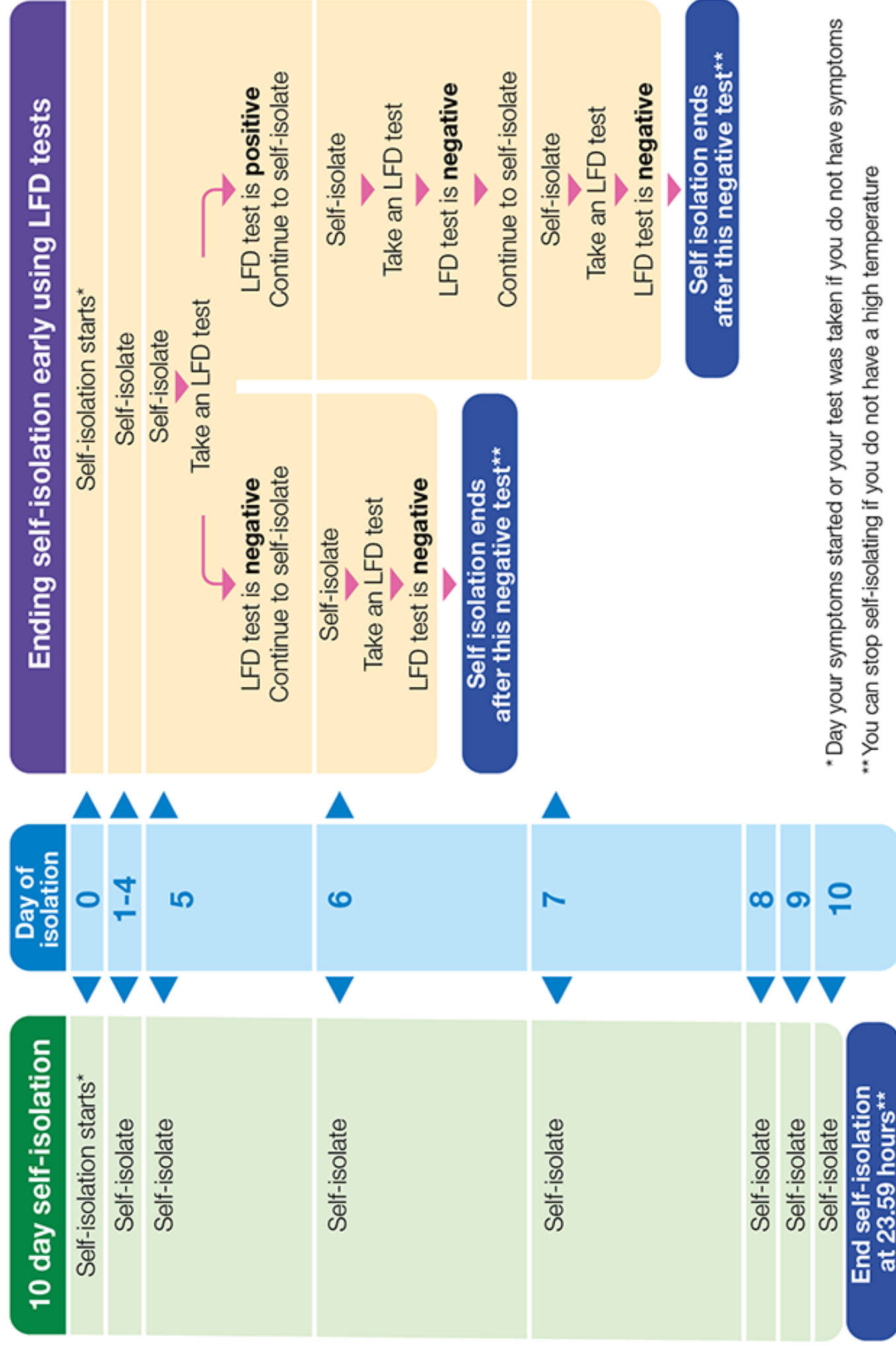
Invoices for After Schools Homework Club have been issued this week. Please ensure **all payments are made within 10 working days from the receipt of the invoice. (Preferably before 11 February and no later than Monday 21 February)**



### **COVID 19**

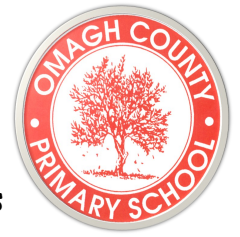
Please ensure **any child with even mild COVID symptoms takes a PCR test** and if they have been deemed a **close contact** either through school or through family members it is imperative they **take an LFT for ten days** in line with PHA guidance.

Hopefully the next few weeks we will see the number of COVID cases both in schools and the community decrease. Once again, thank you to all our parents for being so understanding and supportive of the mitigations we have in place in school and we look forward to the brighter COVID Spring days ahead.



\* Day your symptoms started or your test was taken if you do not have symptoms

\*\* You can stop self-isolating if you do not have a high temperature



## YEAR 7 POST PRIMARY APPLICATIONS FOR SEPTEMBER 2022

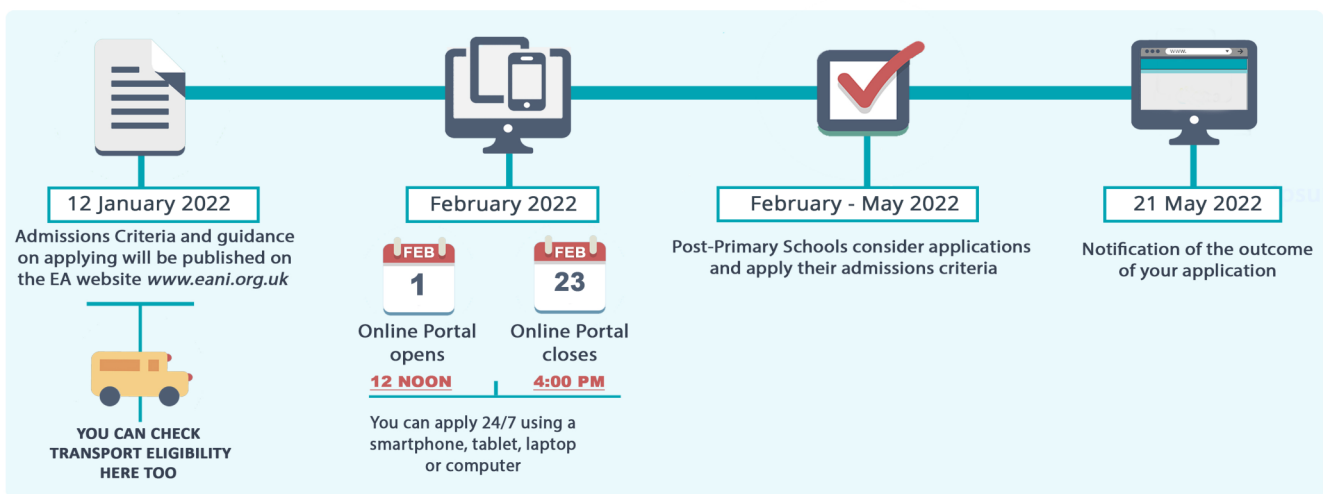
The results of the Common Entrance Assessment test for transferring pupils will be issued on **Saturday 5th February 2022**. Well done to all the boys and girls who sat the test. As a school we are proud of every one of you. Your dedication, determination and hard work was a credit to you all and your families.

Secondary school admission criteria will be published 12 January 2022. Online applications will open at 12 noon on 1 February and will close at 4.00pm on Wednesday 23 February. More information will be sent home with Year 7 pupils later in the month.



### KEY DATES FOR PARENTS : APPLYING FOR A POST-PRIMARY SCHOOL PLACE FOR SEPTEMBER 2022

THE USUAL AGE GROUP OF PUPILS WHO TRANSFER TO POST-PRIMARY SCHOOL WILL HAVE ATTAINED THE AGE OF 11 YEARS BY 1 JULY 2022 , I.E. PUPILS WITH DATES OF BIRTH FROM 2 JULY 2010 TO 1 JULY 2011 , INCLUSIVE.



## CHILDREN'S MENTAL HEALTH WEEK.

Children's Mental Health Week takes place from 7-13 February. As a school we have been focusing on promoting positive mental health among our boys and girls with our Action Mental Health Workshops, CORE NI classes and Talking and Drawing initiative.

Next week each day will be dedicated to-

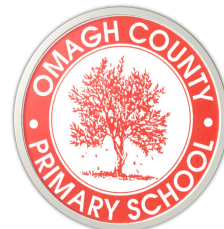
- **CONNECT**
- **BE ACTIVE**
- **TAKE NOTICE**
- **KEEP LEARNING**
- **GIVE**



There will be **NO WRITTEN HOMEWORK** during this week, **but** we would like children to **limit all screen time and to replace the time with other activities**. They will have a 5 Ways of Well Being Go To Card with suggested activities and a record card to note down what they did.

Will we give it a go boys and girls?





## PARENT INTERVIEWS

Year 1 Parent Interviews will take place the week beginning 21st February. All other parents were offered either a face-to-face or telephone interview in November 2021.

Year 6 parents will be offered the opportunity to meet with their child's teacher after a Transfer Meeting outlining the proposed testing and transfer arrangements for June 2023. A date has not been arranged as no information regarding this has been communicated to schools.

Should you require a parent interview with your child's class teacher please contact them via email to arrange a meeting.

## FIT FOR FUN



The second block of Fit for Fun with Aubrey will resume on **Tuesday 22 February 10.15-11.15am**. If your child is aged 18 months- 4 years why not join us for the 6 week programme. A great opportunity for your little ones to develop their co-ordination, listening skills and co-operation. Cost £12.00 for 6 weeks.

**KEEP FIT**  
With Aubrey Kerrigan  
**For Adults**

**6 WEEK PROGRAMME**  
SUITABLE FOR ALL AGES AND ABILITIES

**MONDAY 21ST FEBRUARY**  
**7.30PM**  
(28TH FEB, 7TH, 14TH, 21ST & 28TH MAR)

**£20 for 6 weeks**  
(£4 per session to 'drop in')

## KEEP FIT FOR ADULTS

After half term we are having Keep Fit Classes on Monday nights with Aubrey Kerrigan.

These classes, though suitable for all ages and abilities, are "**beginner friendly**", or for those returning to exercise after illness.

**Book the six week block and get one class free of charge,**

"Drop in" £4.00 weekly.

Come along and bring a friend.

Secure your place by emailing - [bpollock293@c2kni.net](mailto:bpollock293@c2kni.net)



## AFTER SCHOOL CLUBS

Mrs Burke and Mrs Alcorn have sent home details of our next block of after-school clubs. These include Reach for the Stars, Multi-Sports, Little Artists, Jumping Clay, Basketball and Multi-Skills.

Please return your permission slips this week to ensure your place.



## RHYME TIME

Book by contacting Mrs B Pollock at [bpollock293@c2kni.net](mailto:bpollock293@c2kni.net)

## SCHOOL COUNCIL

Thank you to the School Council for their hard work. They have written letters to the Minister of Education, Ms Michelle McIlveen and the Children's Commissioner Ms Yiasouma regarding the need to increase our school accommodation.

They also monitored school uniform and awarded certificates and prizes to the "Best Dressed" classes.

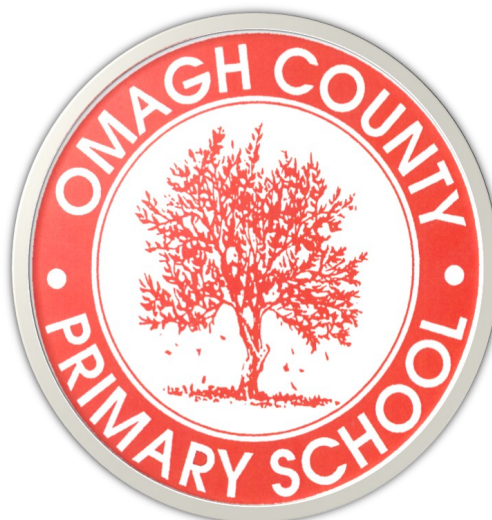
The School Council have also been making suggestions to help the PTFA organise events for Valentine's Day.

## P.T.F.A. Valentine's Special

Friday 11th February will be a non- uniform day. There will also be a disco for each class during the school day. The PTFA are also kindly arranging for every child to receive a little tube of love hearts. Children will also give each other PATHS Compliment Hearts .....so there will certainly be love in the air next Friday!!

## P.A.T.H.S. Quote

As we are focusing on positive mental health this month our PATHS quote for February are the famous words of Coco Channel





POSITIVE AFFIRMATIONS FOR CHILDREN TO ENCOURAGE POSITIVE  
MENTAL HEALTH

**I AM BRAVE**

I am important

I DESERVE HAPPINESS

*Today is a fresh start*

*I forgive myself for my mistakes*

I choose to think positive

IT'S OK TO MAKE MISTAKES

*I am going to get through this*

**I am enough**

**I get better every single day**

Today will be a good day

I CAN MAKE A DIFFERENCE

*Being true to myself is what matters*

*It is OK not to know everything*

*I can be a leader*

**I can handle this**